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Educational Grants

The University of Texas Dental Branch at Houston gratefully acknowledges **Discus Dental, Dux Dental, Ultradent Dental,** and **Zhermack** for their continued support and participation in its sponsored programs.

Continental Breakfast Provided

Location

Medical Center

The University of Texas
Dental Branch at Houston
6516 M.D. Anderson Blvd.
Houston, Texas 77030

Date

Friday – September 11, 2009

Time

Check-in and Breakfast
8:30 am – 9:00 am
Presentation
9:00 am – 12:00 pm

Credit Hours

1 Lecture
2 Participation

AGD Code

780 Esthetic Dentistry

Registration

\$127.00 Allied Dental
Personnel

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Whitening: Day or Night Doing It Right

Friday – September 11, 2009

Magda S. Eldiwany, DDS, MS
Harold A. Henson, RDH, MEd.

Course Description

Rapid innovation in teeth whitening is on the rise providing a number of treatment options available to patients. In the world of extreme makeovers, esthetics has come to the forefront in dentistry. The public are demanding whiter teeth and a brighter smile. During the last decade tooth whitening products have become widely accessible from over-the-counter home products to in-office systems. With an ever-increasing demand for tooth whitening it is imperative that the dental professional be knowledgeable about the latest evidence-based recommendations for the various types of delivery systems.

Course Objectives

- Assess the causes of tooth discoloration.
- Identify different techniques for tooth whitening.
- Discuss how peroxide works to bleach teeth.
- Compare and contrast carbamide peroxide and hydrogen peroxide bleaching.
- Manipulate various dental materials necessary to fabricate custom tray to be used for home bleaching.
- Discuss the issues including ultraviolet curing lights, bonding following bleaching treatment, and introducing bleaching to patients.
- Explain the effect of potassium nitrate, fluoride, and amorphous calcium phosphate in treatment of bleaching sensitivity.
- Discuss the safety and efficacy of bleaching.
- Identify potential patients that would benefit from this procedure.

Participants will need to bring the following materials to the course for hands-on session:
Safety glasses • Mirror • Explorer • Mixing Bowl • Large Spatula

About the Presenter



Magda S. Eldiwany, D.D.S., M.S., is a 1989 graduate of The University of Texas Dental Branch at Houston. Dr. Eldiwany is currently a part-time Associate Professor at The University of Texas Dental Branch at Houston, Department of Restorative Dentistry and Biomaterials, and has maintained a private practice for over 15 years. She is course contributor for: Esthetics in Dentistry, and lab director for Dental Material. She has numerous articles published in the leading dental journals, and has done extensive research on dental bonding. She has numerous presentations both nationally and internationally.



Harold A. Henson, R.D.H., M.Ed., is an Associate Professor in the Department of Periodontics, School of Dental Hygiene at The University of Texas Dental Branch at Houston. He is currently a course director for: Dental Materials, Practice Management, Clinical Seminar 1 and 2, and Trends and Issues in Dental Hygiene – an online degree-completion course. In addition, he has served in various leadership positions at the national, state, and local levels.